**Service of Word and Table**

at

**Epworth Free Methodist Church**

6110 W. Northview Street, Boise, Idaho 83704

208-336-3951

[www.epworthfmc.org](http://www.epworthfmc.org)

The Rev. John Crow, Rector and Pastor

208-501-4037

**March 2, 2025, 10:00 a.m.**

*Transfiguration Sunday*

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**“Through the deep current of the historical Wesleyan church we will collaboratively serve and reach the lost in order to make disciples who love Jesus.”**

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This service will be live streamed, and in the course of that any or all persons who attend may be filmed. Remaining in the service will constitute your consent to appear in the live-streamed, recorded, and published service.

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**Rector and Pastor:** The Rev. John Crow

**Cantors:** Bryan Vanshur, Shannon Nichols

**Readers:**

 **Old Testament:** Donna Crow

 **Psalm:** Donna Crow

 **Epistle:** Carol Crosswhite

**Acolytes:** Stephen Crow, Josiah Crow, Corbin Crosswhite, and Jessica Crosswhite

**Jr. Acolytes:** Asher Crow & Lizzie Crosswhite

**Usher:** Asher Crow

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**ACTS OF ENTRANCE**

**Prélude**

 **(The people enter and remain in prayer and meditation.)**

**Entrance canticle (cantor only):**

“O Light of Light, Love given birth; Jesus, Redeemer of the earth; more bright than day your face did show, your raiment whiter than the snow.

 Two prophets, who had faith to see, with your elect found company; the heavens above your glory named, your Father’s voice his Son proclaimed.” (O Light of Light, Love Given Birth, vv. 1-2, Latin, 10th Century)

**Processional Hymn (all standing):**

 *Christ Upon the Mountain Peak*  (No. 96)

**The Salutation:**

**Minister:** Blessed be God: Father, Son, and Holy Spirit.

**People:** *And blessed be his kingdom, now and forever.*

**Lord’s Prayer:**

**Minister:** Let us pray.

**(All standing):** *Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, for ever and ever.* *Amen.*

**The Collect for Purity:**

**Minister:** Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love You, and worthily magnify your holy Name, through Christ our Lord.

**All:** *Amen.*

**The *Gloria*: (all standing, singing):**

**The *Trisagion:***

**Minister:** Holy God, Holy and Mighty, Holy Immortal One,

**People:** *Have mercy upon us.*

**SERVICE OF THE WORD**

**Mutual Invocation of the Grace of God for the Service of the Word:**

**Minister:** The Lord be with you.

**People:** *And also with you.* **(The people then be seated.)**

**The Ten Commandments (the people sitting):**

**Minister:** God spoke these words, and said, I am the Lord your God:

 You shall have no other gods but me.

 You shall not make to yourself any graven image, to bow down to them, or worship them.

 You shall not take the name of the Lord your God in vain.

 Remember that you keep holy the Sabbath day.

 Honor your father and your mother.

 You shall not murder.

 You shall not commit adultery.

 You shall not steal.

 You shall not bear false witness against your neighbor.

You shall not covet.

**The Great Commandments (the people sitting):**

**Minister:** Hear what our Lord Jesus Christ says. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and great commandment. And the second is like unto it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.

**The *Kyrie* (the people sitting, singing):**

**Old Testament Lesson (the people sitting):**

**Reader:** The Old Testament lesson is written in the thirty-fourth chapter of the book of Exodus, beginning at verse 29:

1. When Moses came down from Mount Sinai, with the two tables of the testimony in his hand as he came down from the mountain, Moses did not know that the skin of his face shone because he had been talking with God.
2. And when Aaron and all the people of Israel saw Moses, behold, the skin of his face shone, and they were afraid to come near him.
3. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses talked with them.
4. And afterward all the people of Israel came near, and he gave them in commandment all that the Lord had spoken with him in Mount Sinai.
5. And when Moses had finished speaking with them, he put a veil on his face;
6. but whenever Moses went in before the Lord to speak with him, he took the veil off, until he came out; and when he came out, and told the people of Israel what he was commanded,
7. the people of Israel saw the face of Moses, that the skin of Moses’ face shone; and Moses would put the veil upon his face again, until he went in to speak with him. (ESV)

**Reader:** The Word of the Lord.

**People:** *Thanks be to God.*

**The Psalm: (The people sit for the responsive reading, by half-verse, of Psalm 99, a song of praise to praise God the mighty King.)**

**Reader:** The Psalm is chapter 99, beginning at verse 5.

**Reader:** 5 Proclaim the greatness of the LORD our God and fall down before his footstool;

**People:** *he is the Holy One.*

**Reader:** 6 Moses and Aaron among his priests, and Samuel among those who call upon his Name,

**People:** *they called upon the LORD, and he answered them.*

**Reader**: 7 He spoke to them out of the pillar of cloud;

**People**: *they kept his testimonies and the decree that he gave them*.

**Reader**: 8 “O LORD our God, you answered them indeed;

**People**: *you were a God who forgave them, yet punished them for their evil deeds*.”

**Reader**: 9 Proclaim the greatness of the LORD our God and worship him upon his holy hill;

**People**: *for the LORD our God is the Holy One.* (BCP)

***Gloria Patri*:**

**Reader:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**People:** *As it was in the beginning, is now and ever shall be, world without end. Amen.*

**Collect for Transfiguration Sunday (the people sitting):**

**Minister:** O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, for ever and ever.

**All:** *Amen.*

**The Epistle (the people sitting):**

**Reader:** The Epistle lesson is written in the first chapter of the second letter of Peter, beginning at verse 13:

1. I think it right, as long as I am in this body, to arouse you by way of reminder,
2. since I know that the putting off of my body will be soon, as our Lord Jesus Christ showed me.
3. And I will see to it that after my departure you may be able at any time to recall these things.
4. For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we were eyewitnesses of his majesty.
5. For when he received honor and glory from God the Father and the voice was borne to him by the Majestic Glory, “This is my beloved Son, with whom I am well pleased,”
6. we heard this voice borne from heaven, for we were with him on the holy mountain.
7. And we have the prophetic word made more sure. You will do well to pay attention to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts.
8. First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation,
9. because no prophecy ever came by the impulse of man, but men moved by the Holy Spirit spoke from God. (ESV)

**Reader:** Here ends the Epistle.

**People:** *Thanks be to God.*

**Sequence Hymn (all standing):**

 *O Wondrous Type! O Vision Fair*, vv. 1-3 (No. 97)

**The Gospel (all standing, and turning toward the Gospel reading):**

**Minister:** The holy Gospel is written in the ninth chapter of the Gospel according to Luke, beginning at verse 28:

**Minister:**

1. Now about eight days after these sayings he took with him Peter and John and James, and went up on the mountain to pray.
2. And as he was praying, the appearance of his countenance was altered, and his raiment became dazzling white.
3. And behold, two men talked with him, Moses and Eli′jah,
4. who appeared in glory and spoke of his departure, which he was to accomplish at Jerusalem.
5. Now Peter and those who were with him were heavy with sleep, and when they wakened they saw his glory and the two men who stood with him.
6. And as the men were parting from him, Peter said to Jesus, “Master, it is well that we are here; let us make three booths, one for you and one for Moses and one for Eli′jah”—not knowing what he said.
7. As he said this, a cloud came and overshadowed them; and they were afraid as they entered the cloud.
8. And a voice came out of the cloud, saying, “This is my Son, my Chosen; listen to him!”
9. And when the voice had spoken, Jesus was found alone. And they kept silence and told no one in those days anything of what they had seen. (ESV)

**Minister:** The Gospel of the Lord.

**People:** *Praise to You, Lord Christ*.

**Sequence Hymn (all standing):**

 *O Wondrous Type! O Vision Fair*, vv. 4-5 (No. 97)

[Elementary age children may exit for Children's Worship in the Parish Hall.

They will return to the service at the Passing of the Peace.]

**Minister:** Grace be unto you, and peace, from our Lord Jesus Christ.

**All:** *Amen.* **(The people then be seated.)**

**The Sermon**

**Minister:** In the name of the Father, and of the Son, and the Holy Spirit.

**Silence, for review of the sermon, and for meditative prayer**

**SERVICE OF THE TABLE: THE GREAT THANKSGIVING**

**The Nicene Creed (all standing):**

**Minister:** Let us confess our faith, saying:

**All:** *We believe in one God,*

 *the Father, the Almighty,*

 *maker of heaven and earth,*

 *of all that is, seen and unseen.*

 *We believe in one Lord, Jesus Christ,*

 *the only Son of God,*

 *eternally begotten of the Father,*

 *God from God, Light from Light,*

 *true God from true God,*

 *begotten, not made,*

 *of one Being with the Father.*

 *Through him all things were made.*

 *For us and for our salvation*

 *he came down from heaven:*

 *by the power of the Holy Spirit*

 *he became incarnate from the Virgin Mary,*

 *and was made man.*

 *For our sake he was crucified under Pontius Pilate;*

 *he suffered death and was buried.*

 *On the third day he rose again*

 *in accordance with the Scriptures;*

 *he ascended into heaven*

 *and is seated at the right hand of the Father.*

 *He will come again in glory to judge the living and the dead,*

 *and his kingdom will have no end.*

 *We believe in the Holy Spirit, the Lord, the giver of life,*

 *who proceeds from the Father and the Son.*

 *With the Father and the Son he is worshiped and glorified.*

 *He has spoken through the Prophets.*

 *We believe in one holy catholic and apostolic Church.*

 *We acknowledge one baptism for the forgiveness of sins.*

 *We look for the resurrection of the dead,*

 *and the life of the world to come.* *Amen.*

**Minister: (The people sitting)** Let us with gladness present the offerings and oblations of our life and labor to the Lord.

**Offertory:**

**Offering Hymn (all standing):**

 *Blessed Jesus, at Thy Word* (No. 349)

**Minister:** All things come from You, O Lord.

**People:** *And of your own have we given You.*

 **(The people then be seated.)**

**The Prayers of the People (the people sitting):**

**Minister:** Let us pray for the Church and the world. For the unity of the Church throughout the world, that we might faithfully preach the Gospel to the ends of the earth, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For the persecuted church, and for its persecutors, that You would turn their hearts, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For our President and all who govern and hold authority in our nation and in the world, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For the good earth which You have given us, and for the wisdom and will to conserve it, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For all ministers of your Gospel, that they might faithfully preach your Word, administer your sacraments, and care for your people, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For the peace of the world, that a spirit of respect and forbearance may grow among all nations and peoples, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For all those who do not yet believe, and for those who have lost their faith, that in due time we may all stand reconciled before You, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For the poor and the oppressed, prisoners and captives, the unemployed, and all who are in need or trouble, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For our enemies and all who wish us harm, and for all whom we have injured or offended, let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** For this congregation, that we might show forth your glory in all that we do; and for those who have commended themselves to our prayers, including these: \_\_\_\_\_\_\_\_\_\_\_\_\_:

 [Nation: Botswana

 Denomination: Orthodox Church in America

 Congregation: St. John Henry Newman Ordinariate Church, Victoria, BC, and the Rev. Lee Kenyon

 Ministry: Love INC

 Parishioners: Those living on Lubkin Street],

 Grant that all of these may be delivered from anxiety, and live in joy, peace, and health.

 *(Please add your own intentions, either silently or aloud.)*

**Minister:** Let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Minister:** We bless your holy Name for the thanksgivings of your people, including these: \_\_\_\_\_\_\_\_\_; for those in every generation in whom Christ has been honored;Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

*(Please add your intentions, either silently or aloud.)*

**Minister:** Let us pray to the Lord:

**People:** *Lord, hear our prayer.*

**Collect (the people kneeling or sitting):**

**Minister:** Ever living God, whose will it is that all should come to You through your Son Jesus Christ: Inspire our witness to him, that all may know the power of his forgiveness and the hope of his resurrection; who lives and reigns with You and the Holy Spirit, one God, now and for ever.

**All:** *Amen*.

**Preparation for Holy Communion (the people sitting):**

**Minister:** The Lord’s Supper was ordained by God to be a means of conveying grace according to the need of each person. Those for whom it was ordained are all those who know and feel that they want the grace of God, to restrain them from sin, or to forgive their sins, or to assure them of pardon, or to renew their souls in the image of God, or to enter into the holy presence of God in communion with him. No preparation is indispensably necessary, other than a desire to receive the grace God pleases to give. No fitness or church membership is required at the time of communicating, other than a sense of our state, of our utter sinfulness and helplessness apart from Christ. Therefore, if you want such grace as God pleases to give to you, draw near with faith, and as you prepare to receive this holy sacrament to your comfort and strength, make your sincere confession to Almighty God, kneeling if you wish and are able, or otherwise sitting.

**The Prayer of Confession, Petition and Thanksgiving:**

 **(The minister kneels, and the people kneel or sit.)**

**Minister:** Let us pray together:

**All:** *Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all persons: We have erred and strayed from your ways like lost sheep. We have followed too much the devices and desires of our own hearts. You have shown us the way of life through your Son, Jesus Christ. Where there is sin or falling short of your will in our lives, or any spiritual pride, carelessness or presumption on our part, or any failure to see or know your good and righteous will, we earnestly repent and are heartily sorry for our misdoings. Forgive us all that is past, grant that we may ever serve and please You in newness of life, and accept our thanksgiving for the wondrous grace and forgiveness You extend to us, to the honor and glory of your Name, through Jesus Christ our Lord. Amen.*

***Agnus Dei* (the people kneeling or sitting):**

**Prayer for Absolution (the people kneeling or sitting):**

**Minister:** Almighty God, our heavenly Father, who of your great mercy has promised forgiveness of sins to all those who with hearty repentance and true faith turn unto You; Have mercy upon us; pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and bring us to everlasting life, through Jesus Christ our Lord.

**All:** *Amen.*

**The Comforting Words of Forgiveness (the people sitting):**

**Minister:** Hear what comforting words our Savior Christ says to all who truly turn to him: Come to me, all you who are weary and carry heavy burdens, and I will give you rest. God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life. Hear also what St. Paul says: Christ Jesus came into the world to save sinners. Hear also what St. John says: If anyone sins, we have an Advocate with the Father, Jesus Christ the righteous: and he is the atonement for our sins.

**The Passing of the Peace:**

**Minister:** The peace of the Lord be always with you.

**People:** *And also with you.*

**Minister:** As the peace of Christ has been extended to you, extend the peace of the Lord to one another, and greet one another in the name of the Lord. **(The people rise and remain standing.)**

 *(The people greet those near to them, saying, “The peace of the Lord be with you,” or, “Peace be with you,” or simply, “Peace.” They respond to one another, “And also with you,” or simply, “Peace”.)*

**Hymn of Entry Into the Heavenly Worship (all standing, singing):**

*O Thou, Who at Thy Eucharist Didst Pray* (No. 395)

**Preparation for the Table:**

**(Minister:** I wash my hands in innocence, and go about your altar, O LORD, proclaiming aloud your praise and telling of all your wonderful deeds.) [Psalm 26:6-7, NIV]

**The *Sursum Corda* (all standing):**

**Minister:** The Lord be with you.

**People:**  *And also with you.*

**Minister:** Lift up your hearts.

**People:** *We lift them up unto the Lord.*

**Minister:** Let us give thanks unto the Lord our God.

**People:** *It is meet and right so to do.*

**The Salutation:**

**Minister:** It is very meet, right, and our gladsome duty, that we should at all times, and in all places, give thanks unto You, O Lord, Holy Father, Almighty, Everlasting God,

**The Proper Preface:**

**Minister:** Because in the mystery of the Word made flesh, You have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

**Minister:** Therefore, with Angels and Archangels and with all the company of heaven, we laud and magnify your glorious Name, evermore praising You and saying,

**The *Sanctus* (all standing, singing):**

**The Prayer of Humble Access and for Cleansing**

**(the people kneeling or sitting):**

**Minister:** Let us pray together:

**All:** *We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your many and great mercies. We are not worthy so much as to gather up the crumbs under your table. But You are the same Lord, whose nature is always to have mercy: Grant us, therefore, gracious Lord, so to experience the spiritual presence of your dear Son Jesus Christ at this your table, that we may be made clean by his body and blood, and that we may evermore dwell in him, and he in us. Deliver us, gracious Lord, from the presumption of coming to this table for solace for ourselves only, and not for strength to serve You and others. Deliver us, gracious Lord, from the presumption of coming to this table for pardon of our sins only, and not for transformation of our lives in your holiness. Amen.*

***Epiclesis* Prayer (Invocation of the Holy Spirit upon the Bread and Wine)**

 **(the people kneeling or sitting):**

**Minister:** Holy and gracious Father, in your infinite love You made us for yourself; and, when we had fallen into sin and become subject to evil and death, You sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to You, the God and Father of all. He stretched out his arms upon the cross and offered himself, in obedience to your will, a perfect sacrifice for the sins of the whole world. Recalling now his death, resurrection, and ascension, we offer You these gifts. Sanctify them by your Holy Spirit to be for us the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also, that we may faithfully receive this holy Sacrament, and serve You in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. We ask this through Jesus Christ, your Son, our Lord; through him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory are yours, O Father Almighty, now and for ever.

**All:** *Amen.*

**The Words of Institution (the people kneeling or sitting):**

**Minister:** Our Lord Jesus Christ, on the night that he was betrayed took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

 Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, Drink this, all of you; for this is my blood of the New Testament, which is shed for you, and for many, for the remission of sins: Do this, as often as you shall drink it, in remembrance of me.

**All:** *Amen.*

**The Acclamation:**

**Minister:** Therefore, we proclaim the mystery of faith:

**People:** *Christ has died, Christ is risen, Christ will come again.*

**The Fraction:**

**Minister:** Christ our passover is sacrificed for us.

**People:** *Therefore let us keep the feast.*

**Fraction Anthem (the people kneeling or sitting, singing):**

**Minister:** The gifts of God for the people of God. Take them in remembrance that Christ died for you and rose again, and feed on him in your hearts by faith with thanksgiving.

**Communion Hymn (cantors only, the people kneeling or sitting):**

 “May all who seek to praise aright through purer lives show forth your light. To you, the King of glory, now all faithful hearts adoring bow.” (O Light of Light, Love Given Birth, v. 3, Latin, 10th Century)

 *After the minister(s) and acolyte(s) are served, the people come forward to receive, as space is available. The people kneel if they are able, or stand.* **Communion by intincture: The people receive the Bread in their open hands, continue to hold it, then dip the Bread in the cup, and then consume.** *They return to their seats via the side aisles.*)

**Renewal of the Mutual Invocation of God’s Grace for the Eucharist:**

**Minister:** The Lord be with you.

**People:** *And also with you.*

**The Prayer of Thanksgiving and Living Sacrifice:**

 **(The minister kneeling, the people kneeling or sitting):**

**Minister:** Let us pray together:

**All:** *O Lord and Heavenly Father, we heartily thank You because You feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; because by this You assure us of your favor and goodness toward us; because we are living members of the body of your Son and heirs of your eternal kingdom. We ask You to accept this our sacrifice of praise and thanksgiving, and to grant that by the merits and death of your Son Jesus Christ and through faith in him, we and all your whole Church may obtain all of the benefits of his passion. And here we offer and present unto You, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto You; humbly asking You that we may be filled with your grace and heavenly benediction; through Jesus Christ our Lord; by whom, and with whom, in the Unity of the Holy Spirit, all honor and glory be unto You, O Father Almighty, world without end. Amen.* **(The people stand.)**

 **ACTS OF DISMISSAL**

**The *Gloria* Prayer of Praise and Thanksgiving (all standing):**

**Minister:** Let us pray together:

**All:** *Glory be to God on high, and on earth peace, good-will toward all people. We praise You, we bless You, we worship You, we glorify You, we give thanks to You for your great glory, O Lord God, heavenly King, God the Father Almighty.**For You only are the Holy One, You only are the Lord, You only, O Christ, with the Holy Spirit, are most high in the glory of God the Father. Amen.*

**Recessional Hymn (all standing):**

 *Holy, Holy, Holy! Lord God Almighty* (No. 233)

**The Prayer of Benediction:**

**Minister:** May the Daystar from on High shine upon you, guiding your feet into the way of peace; and may the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always.

**All:** *Amen.*

**Minister:** Let us go forth in peace, walking as children of the Light.

**People:** *Thanks be to God.*

**(The people then be seated.)**

**Greetings and Announcements**

**Postlude:**

 **(The people sit and remain quiet until the candles are extinguished and the organ raises its voice.)**

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Based on, and freely adapted from,

John Wesley’s *Order for the Administration of the Lord’s Supper*,

the 1662 and 1979 editions of *The Book of Common Prayer,* and

*Common Worship: Services and Prayers for the Church of England*

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**Scripture Lessons for March 9 (Lent 1):**

Deuteronomy 26:1-11; Psalm 91:1-2, 9-16; Romans 10:8-13; Luke 4:1-13

**Parish Prayer for This Week and Next Sunday**

 Those living on Lynwood Place

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**Parish Notices**

**Library Open to the Public**

The Epworth Library will be open to the public starting Tuesday, March 4th, 8 am – noon. For now, that will be the hours of operation, Tuesday – Saturday. However, Story Time will be at 10:30 on Mondays, though the library is otherwise closed that day. Come by and get coffee, tea, and a treat from Great Harvest Bread Co.

**Shrove Tuesday Pancake Dinner!**

The day before Ash Wednesday is our traditional Shrove Tuesday pancake dinner. This is one of the few times of the year we gather to simply have fun! The dinner will be at 6 pm on March 4th, and it will be in the new Parish Hall! Bring a friend and your appetite! There will be silly pancake-related games for the kids (and those who want to feel like a kid again).

**Worship with Imposition of Ashes**

Lent begins with Ash Wednesday on March 5th. The beginning date for Lent is determined by counting back 6 ½ weeks from Easter, which will be April 20th. Ashes are a biblical symbol of repentance and grief (Job sat in ashes, as did the king of Nineveh after hearing Jonah’s message). The sign of the cross is a reminder to Christians to follow the example of Jesus. On Ash Wednesday, the symbol of the cross and ashes come together to mark the beginning of Lent as a time of intense spiritual reflection and renewal.

**Lenten Soup Suppers (Revised)**

We are trying something new this Lent. Rather than having a single soup supper at one location for everyone, we are inviting Epworthies to gather in their homes every Tuesday for a meal and prayer with another person or family in the congregation. This will start on Tuesday, March 11, and end on Tuesday, April 8. That gives everyone five opportunities to gather with others for a meal (it doesn’t have to be soup…). Don’t be shy, invite someone over! And to assist with the prayer, everyone will receive a short prayer by email each week as a recommended prompt.

**Coming Events at Epworth**

 Today, 10:00 am Word & Table Service

 Today, 11:40 Afterword (moderated

discussion)

Tuesday, 4 MAR Shrove Tuesday Pancake

Dinner (6 pm)

Wednesday, 5 MAR Ash Wednesday service (7

pm)

Thursday, 6 MAR Lenten Evening & Healing

Prayers (7 pm)

**March Birthdays & Anniversaries**

 19 – Asher Crow

 21 – Shannon Nichols

**Sermon Notes**

**Epworth Church Office Email**

epworthchapel.office@gmail.com

All correspondence for the office should be sent to this email address.

**Pastor Crow Contact Information**

***Healing prayer is provided every week upon request***

Rev. John Crow, Rector and Pastor

208-501-4037

rector@epworthchapelonthegreen.org